

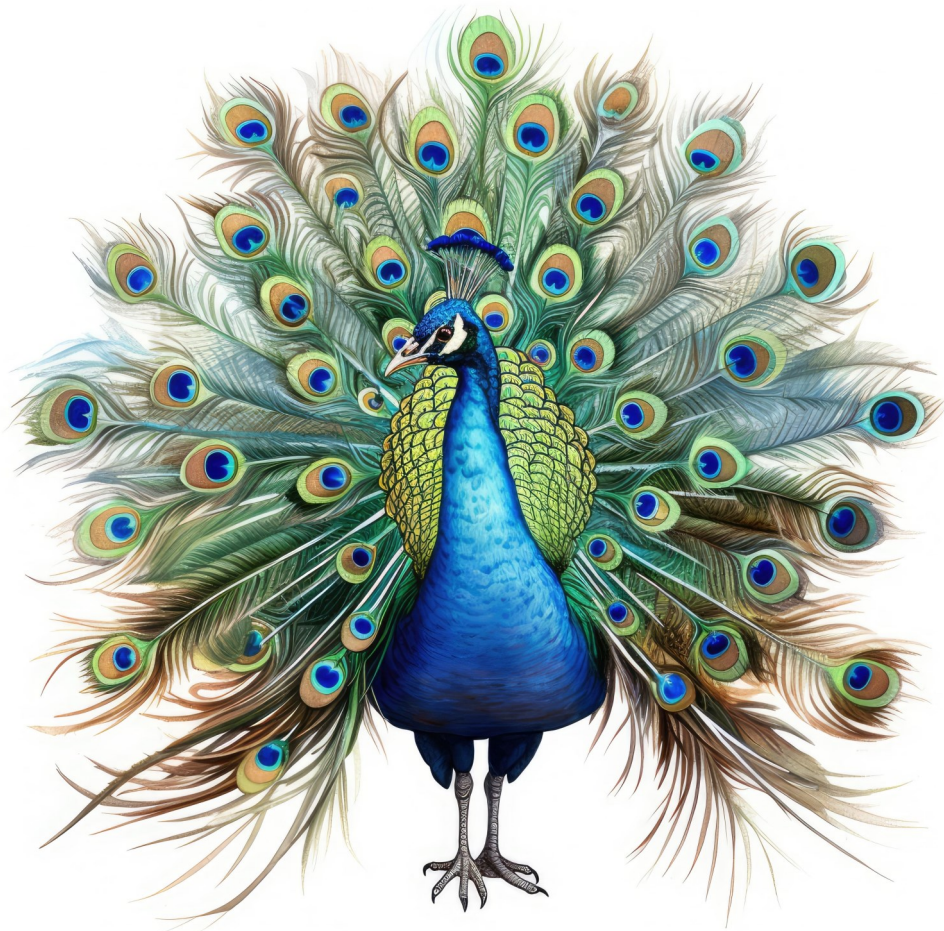
**WELCOME TO**

**DELI·SH**

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**WESTBOURNE**



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## BRUNCH

11.30 - 17.00

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### **AVOCADO & PEANUT BUTTER ON TOAST 8.95**

Topped with Isle of Wight cherry vine tomatoes & drizzled with  
balsamic vinegar. (v)

### **SMASHED AVOCADO ON SOURDOUGH WITH:**

Chilli & lemon juice (v) (vg) 8.50

+local Peter Treble bacon 2.95

+ 2 Poached eggs 2.25

+Scottish smoked salmon 4.00

+Grilled halloumi 3.75

### **PEANUT BUTTER & BANANA ON TOAST 8.25**

Drizzled with local honey (v)

### **FREE RANGE EGG OMELETTE 9.95**

3 Egg omelette with a choice of 3 fillings:

Ham, cheese, spinach, tomatoes, onion, mushrooms.

Served with sourdough.

0.75 per filling extra

### **STACKED PANCAKES**

#### **OR BELGIAN WAFFLES 9.50**

Bacon & maple syrup.

Or strawberries, blueberries, bananas

& cream or vanilla ice cream.

### **BAKED EGGS & TOMATO**

#### **SHAHSHUKA 9.95**

A sweet smoky North African inspired dish using Isle of Wight  
tomatoes to make the tomato sauce infused with spices, onions,  
peppers, cannellini beans, feta & parsley.

Served with a slice of sourdough (v)

+ Chorizo 2.50

#### **BACON BUTTIE 6.50**

3 Rashers of Peter Treble bacon served on thick white bread.

### **2 PERFECTLY POACHED EGGS**

Served as you like it:

**BENEDICT 10.25** with Peter Treble bacon

**ROYALE 11.25** with smoked salmon

**FLORENTINE 9.50** with fresh spinach

**AVOCADO BENEDICT 10.25** with sliced avocado.

#### **BALMORAL BAGEL 10.95**

Toasted bagel topped with Scottish smoked salmon, cream cheese &  
capers.

## BURGERS

All served with rainbow coleslaw, crisps & Barbara's Kitchen Bloody Mary Chilli Jam .

A sesame seeded brioche bun filled with:

**HALLOUMI BURGER:** with halloumi, mayo, lettuce, sliced tomatoes, avocado, red onion 12.50 + a slice of bacon 1.50

**CHICKEN BURGER:** filled with chicken, mayo, lettuce, sliced tomatoes, avocado, melted Emmental cheese. 12.50

**FISH BURGER:** filled with cod fillet, with minted mushy peas, triple baked chips & tartare sauce. 12.50

## DELISH'OUSLY HOT

### **HOME MADE SOUPS 8.25**

Served with Sourdough & Butter.

Ask your server for today's flavours

### **FRENCH ONION SOUP 9.00**

Served with a cheese crouton & Gruyere cheese;

### **BEEF STEW 15.25**

Served with a dumpling, mashed potatoes & green beans.

### **HOMEMADE SHEPHERD'S PIE 15.25**

Served with green beans

### **CHILLI CON CARNE OR VEGAN CHILLI 14.25**

Served with tortilla crisps, homemade guacamole,  
sour cream & grated cheese

### **MUSHROOM & SPINACH TORTELLINI 14.95**

Served in a cream infused spinach, cheese & garlic butter sauce (v)

### **WATERCRESS PESTO & PINE NUT LINGUINE 12.50**

Fresh linguine topped with grated Parmesan cheese.

### **LINGUINE BOLOGNAISE 15.25**

Served with a slice of garlic bread

### **MEDITERRANEAN LINGUINE 12.50**

Fresh pasta with slow roasted tomatoes, basil, garlic, olive oil, grated  
Parmesan cheese. (v) + Prawns 4.95

### **SEAFOOD LINGUINE 16.95**

Fresh pasta with prawns, scallops, salmon, & smoked white fish  
cooked in a creamy cheese, lemon & parsley sauce

### **SALMON FISHCAKE 15.25**

Served on a bed of spinach, with hollandaise sauce, minted pea  
puree, fresh asparagus & topped with a poached egg.

### **HOMEMADE FISH PIE 16.95**

Prawns, scallops, salmon, & smoked white fish cooked in a  
creamy cheese, lemon & parsley sauce topped with mashed  
potato & served with green beans.

*A discretionary service charge of 12% will be added to food orders.*

*Please advise your server of any allergies or dietary requirements.*

## BITES & SHARERS

### **CHICKEN LIVER PARFAIT 9.50**

With toasted breads & crackers

### **SMOKED SALMON PÂTÉ 9.50**

With a hint of horseradish & lemon  
+ toasted bread & crackers

### **ORKNEY CRAB TERRINE 9.50**

With lemon juice & Galloway  
mustard+ toasted breads & crackers

### **QUESADILLAS 9.50**

Cheddar cheese, chopped red onion,  
tomatoes, guacamole & fresh  
coriander served with soured cream (v)  
+ Chicken 4.50

### **NACHOS 9.25**

A plate of nachos served with  
guacamole, salsa, soured cream & cheese  
(v) + Chilli 6

### **HOMEMADE QUICHE 9.25**

Served with a Delish side salad  
(ask server for flavours).

### **PORK PIE 8.95**

Served with a Delish side salad & apple jam.

### **SCOTCH EGGS 8.50**

Served with a Delish side salad & a  
Wight little pickle.

## SIGNATURE SANDWICHES

White/ brown sourdough.

### **THE REAL ITALIAN 12.25**

Salami, prosciutto ham, mozzarella cheese, chorizo, tomatoes, red  
onion, olives & an Italian dressing on olive & rosemary  
sourdough. Served with a Delish side salad.

### **THE CLASSIC ROMAN 10.95**

An open sandwich with Mozzarella, tomatoes & basil on olive &  
rosemary sourdough. Drizzled with Balsamic glaze.  
Served with a Delish side salad.

### **THE REUBEN SANDWICH 11.50**

Pastrami, melted Swiss & Cheddar cheese, sauerkraut & Russian  
dressing on rye bread or lightly toasted bagel.  
Served with a Delish side salad.

### **DELISH PRAWN COCKTAIL SANDWICH 10.95**

An open sandwich on brown sourdough made with succulent  
prawns, chopped tomatoes, diced cucumber, dill & a homemade  
Marie Rose sauce. Served with sliced avocado & a lemon wedge.

### **FISHERMAN'S FANCY 10.95**

Fish goujons, rocket, tomato, cucumber & tartare sauce.  
Served with a Delish side salad.

### **THE AVOCADO STACK 10.95**

Crushed avocado, rocket, cherry tomatoes, & garlic mayo.  
Served with either bacon or halloumi or chicken &  
a Delish side salad.

### **MEDITERRANEAN WRAP 10.50**

A taste of the Med in a wrap with garlic  
yoghurt, spinach, chicken,  
tomatoes, avocado & hummus.

## WRAPS

### **TUNA WRAP 10.00**

Tuna mixed with mayonnaise, chopped red  
onion & tomatoes.

### **CHICKEN CAESAR WRAP 10.25**

succulent pieces of chicken with crisp  
lettuce, grated Parmesan cheese, & creamy  
garlic dressing.

## TOASTED TREATS

White/ brown sourdough or ciabatta. All served with a Delish side salad.

**MADAMOISELLE PORCINI 10.25** Sliced mushrooms on toast with melted Cheddar topped with bechamel & cheese.

**CROQUE MONSIEUR 10.25** Served with sliced ham, topped with melted Dorset Cheddar & bechamel.

**CROQUE MADAME 10.95** As Croque Monsieur with poached egg.

**CHICKEN CHILLI MELT 11.50** With sliced chicken, melted Brie & Barbara's Kitchen Beelzebub Chilli Jam, red onion & rocket.

**POSH TUNA MELT 10.25** An open toasted sandwich with tuna flakes, mixed with mayo, red onion, cherry tomatoes & topped with  
melted Cheddar.

**THE DELI MELT 11.50** Slices of succulent turkey, bacon, melted Brie & Barbara's Kitchen Cranberry & Chilli Jam.

## SALADS

**DELISH SALAD 9.95** Mixed leaves with tomatoes, avocado, feta cheese, cucumber, red onion, toasted pine nuts & pumpkin seeds (v)  
+Grilled halloumi 3.75 +Sliced turkey 4.25 +Chicken 4.50 +Sliced ham 4.95 + Prawns 4.95

**CAESAR SALAD 9.95** Crispy lettuce, crunchy croutons, grated Parmesan & a creamy garlic dressing + Chicken 4.50 + Prawns 4.95

**WALNUT, BLUE CHEESE & PEAR SALAD 9.95 (v)** Tossed in homemade lemon, garlic, Dijon mustard & olive oil dressing.  
+Chicken 4.50 + Prawns 4.95 + Grilled halloumi 3.75

**BUDDAH BOWL 10.25 (v)** Wholegrain rice, chickpeas, hummus, spinach, sliced avocado & dressed salad. +Grilled halloumi 3.75  
Chicken 4.50 +Prawns 4.95

**BEETROOT & GOAT'S CHEESE SALAD 10.25 (v)** Chopped beetroot, walnuts & crumbled goat's cheese on a bed of spinach,  
served with a French vinegarette.

**SALMON POKE BOWL 11.95** Grilled salmon flakes, white rice, edamame beans, pickled red cabbage, grated carrots, sliced  
avocado, pickled ginger topper with sesame seeds with a side of Soya sauce.

**KETO CHICKEN SALAD 11.95** chopped sliced hard boiled egg, chopped vine tomatoes, sliced avocado & pieces of chicken served  
on a bed of salad leaves with lemon juice.

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